

BIBLE STUDIES

Repent /Return



As a young Christian, the word ‘repent’ used to make me wince. I often heard it in the context of: ‘You’re a despicable sinner and you need to change – or else!’ ‘Repent’, therefore, can often have a lot of guilt and shame attached to it.

But now, as an old(er) Christian, it gives me hope.

In Hebrew, the word translated into English as ‘repent’ is **teshuva**. **Teshuva** literally means ‘return’. Return to what? To the vibrant, abundant life that God has made available to us. To the image of the divine at the centre of our beings. To who we’ve been created to be.

Teshuva is about returning to the path of life. It is a declaration that there is always a light we can walk towards, that human beings have the capacity to change – not to be better, because you cannot improve on God’s design, but to do better, because that is lining ourselves up with who we truly are.

God of love, we return to you. We return to the divine image you placed within us. We angle ourselves towards the light. In Jesus’ name, amen.



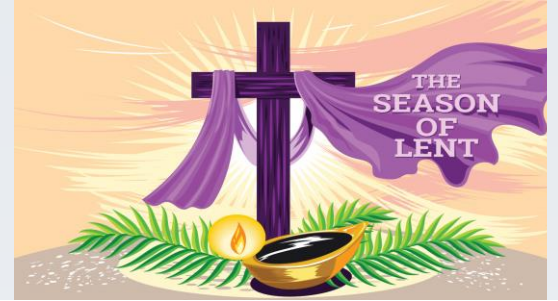
The cross of Christ is our way to Return to God’s Love.

“Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.”

John 14:6

Rev. Enrique

Lent Bible Reading Plan



Lent Bible Reading Plan

Day 1: (Ash Wednesday) Genesis 3:19, St. Matthew 6: 16-21	Day 25: St. Matthew 5: 17-20
Day 2: St. Matthew 6: 1-6	Day 26: (4 th Sunday of Lent) St. John 6: 1-15
Day 3: Psalm 1: 1-6, St. Luke 9: 22-24	Day 27: St. Luke 11: 14-23
Day 4: Isaias 58: 1-9, St. Matthew: 9 14-15	Day 28: St. John 5: 1-16
Day 5: (1 st Sunday of Lent) St. Matthew 4:1-17	Day 29: St. John 5: 17-30
Day 6: St. Luke 4: 1-13	Day 30: St. John 5: 31-47
Day 7: St. Matthew 6: 7-15	Day 31: St. John 7: 1-16
Day 8: St. Matthew 25: 31-46	Day 32: St. John 7: 17-36
Day 9: St. Luke 5: 30-34	Day 33: (Passion Sunday) St. John 8: 46-51
Day 10: St. Matthew 7: 1-6	Day 34: St. John 10: 22-38
Day 11: St. Matthew 7: 13-21	Day 35: St. John 7: 36-50
Day 12: (2 nd Sunday of Lent) St. Matthew 17: 1-9	Day 36: St. John 11: 47-54
Day 13: St. Luke 9: 18-27	Day 37: St. Luke 18: 1-17
Day 14: St. Matthew 23: 1-12	Day 38: St. Mark 12: 28-34
Day 15: St. John 6: 35-40, 46-48	Day 39: St. John 12: 10-36
Day 16: St. Matthew 22: 1-14	Day 40: Palm Sunday St. Matthew 21: 1-5
Day 17: St. Matthew 23: 1-12	
Day 18: St. Matthew 17: 19-22	
Day 19: (3 rd Sunday of Lent) St. Luke 4: 23-30	
Day 20: St. Matthew 5: 43-48	
Day 21: St. Luke 17: 1-10	
Day 22: St. Luke 15: 1-10	
Day 23: St. Luke 13: 1-9	
Day 24: St. Matthew 18: 21-35.	

Holy Week

Day 41: St. Mark 21: 29-38
Day 42: St. Mark 14: 1-72, 15: 1-46
Day 43: St. Luke 22: 1-71, 23: 1-53
Holy Thursday: St. John 13: 1-15
Good Friday: St. John 18: 1-40, 19: 1-42
Holy Saturday: St. Matthew 28: 1-7
Easter Sunday: St. Mark 16: 1-7



Reflection Questions to ask yourself after each reading:

What lesson does this passage teach me?
How can I best apply this to my daily life?
Here make a few simple goals/resolutions and make a note in your journal.



Please Check:

<https://diohuron.org>

Each week for news from Bishop Todd and the diocese.

If you have any story to share or a recipe for us to enjoy, please send an email to: enrique6921@gmail.com

CHURCH SERVICES THIS WEEK



In Person service

St. John’s Port Rowan Sunday March 7 at 9:30 A.M. St. John’s Woodhouse 11 A.M

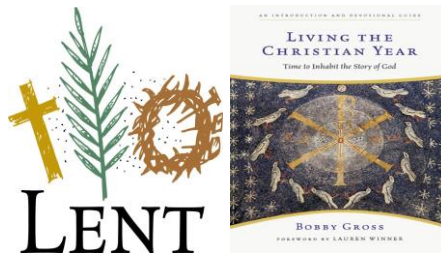


ONLINE

Sunday March 5
Anytime Service of the Word.

Related Bible Passages:

- ✓ [Mark 5:1-20](#)
- ✓ [1 Thessalonians 2:5-8](#)
- ✓ [1 John 1:1-3](#)



[LENT COURSE 2021](#)

Session 3:

Jesus was in the transformation business

Summary

This session explores the transformational power of stories. Jesus was, and is, in the transformation business. As a result, we have powerful stories of what Jesus has done to share with others. The session aims to embolden you and give you the tools you need to tell your story. It also features a video interview. Video content will be added to the SPCK YouTube channel (<https://cofe.io/SPCKYouTube>) throughout Lent.

This session is based around Chapter 3 of Hannah Steel's book *Living His Story*. A featured passage is below, but you are encouraged to read the whole chapter as the questions often reference the book.

Featured Passage

One of the most remarkable stories of instant transformation is in Jesus' dealings with the demoniac in Mark 5. Jesus travels by boat to an area called the land of the Gerasene's. It is one of the first encounters that we see Jesus having in Gentile territory. In this remote place, Jesus encounters a man who is possessed by multiple demons. The initial description that Mark gives us of this man is distressing: wild and unkempt, ostracized from the local community, even his own family, wailing out loud and a danger to himself. We can only presume that this troubled man had no prior knowledge of Jesus, yet he is drawn to him and falls down on his knees before him. It becomes clear that the man is entirely riddled with demons and that only the all-powerful word of Jesus can break his chains. Jesus instantly sets the man free, although it does not turn out so well for the herd of pigs nearby. Mark is keen to report that by the time the crowd had heard of this story they were faced with an entirely different picture of the man, who now sat clothed, calm and able to communicate articulately. The transformation undergone by this man was complete: from chaos to peace, from danger to security.

This miracle is one of many instances in the Gospels when an encounter with Jesus brings complete and utter transformation and freedom. You might think that this story of transformation would be met with great relief by the town who no longer have to listen to the terrifying screams of the man wandering around the tombs. However, their fear now turns away from this man and focuses on Jesus instead. They are unsure what to make of his power and were possibly also concerned about the impact on the local farming community. The town turns out and begs Jesus to leave. This is so different from the many occasions where people beg Jesus to stay. Here his presence is not welcome. It is therefore not surprising that the freed man now wants to follow the one who has set him free. Why stay in the town that has exiled him? The man tries to climb in the boat with Jesus when he goes to leave, but Jesus says these words to him: 'Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you' (Mark 5.19).

It is surprising that Jesus doesn't take the man with him, isn't it? Only a few chapters ago he had been recruiting followers for his newly formed band of disciples. Surely this man would be the perfect new apprentice with a miraculous story to share? Jesus knows the home crowd are hostile. Why not save the man the hardship and take him on board? However, Jesus resists the man's desire to follow him and instead sends him back as a witness to his own community, the very community

that had been so fearful of him. What is also striking is that this man has very little experience of Jesus other than this one exchange. He hasn't listened to the hours of teaching that the other disciples had. However, Jesus sends him back, simply to tell 'how much the Lord has done' for him. This man was called to witness to the story of God's work in his life, to speak of his utter transformation and his present experience of freedom and peace. And we soon read that 'every-one was amazed' in the surrounding towns (Mark 5.20). Where Jesus had caused initial confusion and fear, this man's story of his encounter with Jesus in turn began to transform the lives around him.

I love this story from Mark's Gospel because it is a powerful illustration of the influence of personal story. Jesus leaves the man in his hometown, untrained but full of his own personal encounter. And the results speak for themselves. This way of witnessing is one of the first and easiest ways we can start to share our faith with people and can be one of the simplest ways to get started on imaginative evangelism.

Video

For this session, there will be a video interview between Hannah Steele and Phil Knox. This video will be available from 22nd February 2021. Video content will be added to the SPCK [YouTube channel \(https://cofe.io/SPCKYouTube\)](https://cofe.io/SPCKYouTube) throughout Lent.

“Therefore, confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective.” James 5: 14-16

For the week beginning Sunday February 28, 2021, we will be praying for our Long Point Bay Parish, specially for the church of **St. John’s Port Rowan.**

Mick Kraushaar, Mary Luo Krestel, Juanita Kynoch, Howey and Susan MacLaren, William and Norene McCartney, Bub and Georgia McDonald, Ron and Mary Meade, Robert Moore, Sonja Neuman, Peggy Overbought, Don and Sandra Parkinson, Joyce Pearson, Jim and Pat Pepper, Wendy Pickers gill, Junior Queensberry, Diane Salter, Jim Squires, Nina Starling, Cheryl Taylor, Anna Vrbos, Jeff Wiggans and Family. Special prayer for

For our Bishop Todd and Rev. Rick and family, Rev. Jack Cox and family, Rev. Enrique and Family.



BRAIN GAMES

9				1				2
4	1			6	3			9
	3	2			4	6		
			3	4				
	2	8						
			5	2				
	8	1			5	3		
2	7			3	1			5
5				8				4

Please pick up your phone and give someone a call, who is in need of the hope we have in Christ.

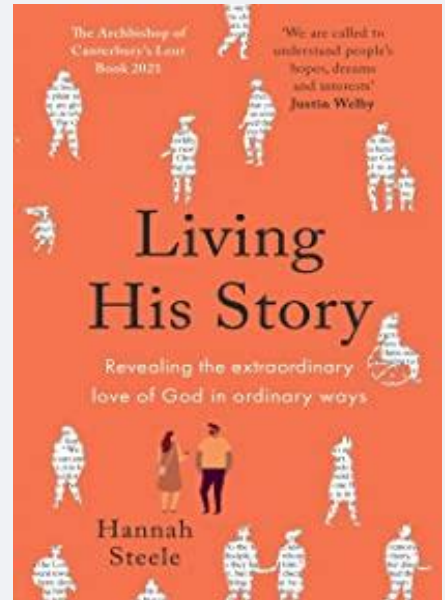


Enrique6921@gmail.com
 Contact us:
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 519 586 3401

Rev. Enrique

Recommended Book

Living His Story: Revealing the extraordinary love of God in ordinary ways: The Archbishop of Canterbury’s Lent Book 2021



How can we convey the love of God to our neighbours in a post-Christian world that has largely forgotten the gospel of Jesus Christ?

In *Living His Story*, the Archbishop of Canterbury’s Lent Book 2021, Hannah Steele uncovers liberating and practical ways of sharing the gospel story afresh. With warmth and encouragement, she shows us how we can live Jesus’ story in our own lives simply by being the people God made us and allowing people to be drawn to him through our natural gifts.

Living His Story is a Lent devotional that will change the way you think about evangelism, show how ideally suited it is for the world we live in and fill you with confidence in sharing God’s love with the people around you.

Set out in six sessions to take you through Lent, each chapter of the 2021 Archbishop of Canterbury’s Lent book can be used as a single study for individuals or small groups to prepare for Easter. It will help you find space to see evangelism from a new practical perspective.

LONG POINT BAY PARISH WEEKLY NEWS

FRIDAY March 5- 2021

Spanish Lessons

Spanish	English		
¿cuánto(s)?	How much/	I do	Yo hago
¿cuánta(s)?	many?	You do	Tú haces
¿cómo?	How?	He does	Él hace
¿cuándo?	When?	She does	Ella hace
¿dónde?	Where?	It does	Él / Ella hace
¿adónde?	(To) Where?	We do	Nosotros hacemos
¿por qué?	Why? (for what reason)	You do	Ustedes hacen
¿para qué?	Why? (for what purpose)	They do	Ellos hacen
¿quién(es)?	Who?		
¿a quién?	(To) Whom?		
¿de quién?	Whose?		
¿cuál(es)?	What? Which one(s)?		
¿qué?	What?		



St. John's Woodhouse
1821-2021
It's our 200th Anniversary

Joseph Culver, donated the land and 1821 St. John's Anglican Church was Build!

The first St. John's Anglican Church was a humble log structure which burned within two years. A new, much more elaborate church, complete with an attractive steeple and belfry, was erected in 1824. With the exception of a few years, beginning in 1848, when the church was used only during special services, this building faithfully served the Anglican of Norfolk until 1874, When it too, burned. A third church, this one made of brick, was completed in 1875. **Next edition more History...**

The village was one of the first settlements in the area and the Memorial Church grounds contain a Loyalist cemetery with burials as early as 1798. The cemetery was closed for burials in 1917. The church building was built in 1870 in memory of the early pioneers and Col. Samuel Ryerse who is buried there. The church building, cemetery, and grounds are situated on one corner lot at 31 King Street, Port Ryerse. Memorial Church does not have a rectory of its own, due to its small size and because it has always been paired with a larger church with a functioning rectory. Memorial, as part of the Long Point Parish presently has a shared rectory in Port Rowan.

In 2012 the building was renovated with a new bell tower and made fully accessible including new wheelchair accessible washrooms and a lift. The Bell Tower and Accessibility Project cost over \$200,000 raised through available church funds, grants, and local support. In 2014, the exterior was repainted and the windows repaired.

Annual fundraising events include manning the local Norfolk County Fall Fair gates, providing staffing at one gate for the duration of the fair. Each year, these shifts are covered by members of the congregation, friends and neighbours.

More History and activities next edition...

CELEBRATE: SPRING EASTER MOTHER'S DAY

ORDER & PAY BY MAR 10
PICKUP SATURDAY MAR 20
9-3

EASTER LILIES
ORDER & PAY BY MAR 23
PICKUP SATURDAY APRIL 3
9-3

MOTHER'S DAY HANGING POTS
ORDER & PAY BY APRIL 27
PICKUP SATURDAY MAY 8
9-3

SUCCULENTS



15.00/3 ASSORT

GOLDFISH PLANT



12.00

CUT LILIES 15-20 BLOOMS



13.00 EA

MIXED 10" HANGING BOSTON FERN



16.00 EA

TO ORDER AND PAY: CONTACT VERONICA HARRIS CHUCKIE313@HOTMAIL.COM
MESSAGE ON FACEBOOK OR CELL TO TEXT 519 410 2568
CONTACT MARIE GRANGER
MARIEGRANGER@HOTMAIL.COM
CELL TO CALL OR TEXT 519 410 5633

FUND RAISER BY: ST. JOHN'S ANGLICAN CHURCH, PT. ROWAN

PICKUP SITE: CHURCH HALL, SIDE DOOR, 46 FRONT RD, PT. ROWAN



Memorial Church, Port Ryerse
1870-2020
It's our 150th Anniversary

LONG POINT BAY PARISH WEEKLY NEWS

FRIDAY March 5- 2021

FROM ST. PAUL'S CATHEDRAL

"A Lenten Sermon Series.

Thursday Mornings @ 10:00am Encounters with



4th March: "Jesus & the woman at the well"

(John 4:7-15) **The Most Rev. Colin Johnson**

Archbishop of Toronto (Retd)

11th March: "Jesus & Nicodemus" (John 3:1-17)

The Rt. Rev. Barry Clarke, Bishop of Montreal (Retd)

18th March: "Jesus & James & John" (Matthew 20:20-28)

The Rt. Rev. Terry Dance

Bishop of Norfolk, Diocese of Huron (Retd)

25th March "Jesus & Caiaphas" (Matthew 26:57-68)

The Rt. Rev. Robert Bennett, Bishop of Huron (Retd)

1st April: "Jesus & Mary Magdalene" (Mark 16:1-7)

The Rt. Rev. Dr. Todd Townshend, Bishop of Huron

Join us on Zoom

As this series is offered via Zoom, we invite

you to register by emailing the church office at:

cfieldhouse@stpaulscathedral.on.ca



We CAN withstand this storm if we focus on the cross

Mary Field

Rev. Enrique

MARCH



March's birthstones are aquamarine and bloodstone. These stones symbolize courage.

Its birth flower is the daffodil.

The zodiac signs for the month of March were Pisces (until March 19, 2020) and Aries (March 20, 2020 onwards).

Events for this week in March

- [1531 Henry VIII](#) recognised as supreme head of Church in England by the Convocation of Canterbury
- [1624](#) England declares war on Spain
- [1622](#) Ignatius of Loyola declared a saint
- [1755](#) 1st steam engine in America installed, to pump water from a mine
- [1867](#) British North America Act is passed in the House of Commons, serves as Canada's constitution for more than 100 years
- [1876 Alexander Graham Bell](#) receives a patent for the telephone in the US
- [1888](#) Great Blizzard of 1888 rages across the east coast of the USA and Canada
- [1961](#) Soviet flight Sputnik 9 [carries and returns from orbit a dog](#) named Chernushka (Blackie), frogs and a guinea pig
- [2011](#) 9.0 magnitude earthquake strikes 130 km (80 miles) east of Sendai, Japan, triggering a tsunami killing thousands of people and causing the second worst nuclear accident in history at Fukushima

Taste & See

Turkey and Egg Stromboli



Ingredients

- ⅓ cup unsalted butter, divided
- 1 cup finely diced red pepper
- ½ cup finely diced white onion
- 1 garlic clove, minced
- 2 cups chopped cooked turkey
- 1 cup packed baby spinach
- ⅓ tsp sea salt
- 6 eggs
- ¼ cup milk + 1 tbsp (15mL)
- 1 tbsp finely chopped fresh parsley
- 1 tbsp finely chopped chives
- 1 pkg (450g) frozen butter puff pastry, thawed and refrigerated
- 1 cup grated cheddar cheese

Instructions

In a medium skillet, over medium-high heat, melt 1 tbsp (15 mL) butter. Cook red pepper, onion and garlic until fragrant. Stir in turkey, spinach and salt. Cook for 2 minutes or until spinach has wilted. Transfer to medium bowl and refrigerate to cool, about 20 minutes.

Preheat oven to 450°F (230°C).

In a medium sized bowl, whisk together 5 eggs, ¼ cup (60 mL) milk, parsley and chives.

In a medium skillet, over medium-high heat, melt remaining butter and cook egg mixture. Gently fold eggs over in the pan creating soft scrambled eggs, about 3 minutes. Transfer to medium bowl and refrigerate to cool, about 15 minutes.

Unroll 1 puff pastry sheet and leave on parchment paper. Place on baking sheet. Spoon half of the turkey mixture onto the right half of the pastry sheet, leaving a ½-inch (1 cm) border. Layer half of the scrambled eggs and half of the cheese on top of turkey mixture. Gently fold left side of pastry over the ingredients. Press pastry edges together, tuck and fold edges underneath. Score top of pastry with a sharp knife; refrigerate. Repeat with remaining ingredients for second Stromboli.

In a small bowl, whisk together 1 egg and 1 tbsp (15 mL) milk. Brush top of each Stromboli with egg wash. Bake for 25 to 30 minutes until pastry is golden brown and puffed, rotating pans halfway through. Let stand 5 minutes before serving.

Tip: Use leftover cooked turkey breast for easy prep.

Tip: Stromboli can be baked in advance or the day before. Reheat in the oven prior to serving.

NUTRITIONAL FACTS

ITEM	
Amount Per Serving	440 Calories
Fat	27 g
Sodium	580 mg
Carbohydrates	24 g
Fibre	2 g
Protein	24 g

Recipe take from <https://www.getcracking.ca/recipes/turkey-and-egg-stromboli>

Rev. Enrique

Next Edition **Best Zucchini Pizza Crust - Low Carb.** By James and Diane Hopkins.